## PASTORAL CARE WORKERS PROVIDE PASTORAL AND PRACTICAL SUPPORT TO:

- STUDENTS by listening, taking an interest in them, being involved with their daily lives, facilitating activities and seminars and being a positive role model
- STAFF by being a supporting resource, providing a listening ear, encouragement, friendship and supporting their personal wellbeing
- FAMILIES by being a person of contact, listening, caring, providing support in times of crisis as well as being a referral to support services
- COMMUNITY by being a link between churches, the wider community and the school community



STAFF are the main source of student referral

TOP 3 ISSUES FOR STUDENTS USING PASTORAL CARE



Friendship/Social/Peer **Bullying and Harassment** Mental Health



**65%** OF STUDENTS REQUIRE ONGOING PASTORAL SUPPORT

TOP 3 ISSUES FOR PARENTS USING PASTORAL CARE



Concern for Child Relationships Mental Health



**51%** OF PARENTS REQUIRE ONGOING PASTORAL SUPPORT

#### WHY A PASTORAL CARE SERVICE?

#### THE FACTS

Students today face a more complex and challenging environment than ever before.

- 15% of young Australians are currently experiencing an anxiety condition
- Bullying is the leading social issue among SA students
- Just under half of all divorces occur amona couples with children under 18
- 15% of SA students miss out on breakfast source: ABS Statistics collected 2007, 2013

#### DIMENSIONS OF PASTORAL CARE

In recognition of the developed nature and breadth of school Pastoral Care we now refer to 6 dimensions of Pastoral Care: social and emotional support, spiritual support, role modelling and mentoring, school engagement, community engagement, and extra-curricular contribution. Data collected via McCrindle research around these dimensions show the breakdown of time spent in these areas of support.

BREAKDOWN OF PASTORAL CARE TIME SPENT BY ACTIVITY INVOLVEMENT





53% Social, Emotional and Spiritual Support



14% Role Modelling and Mentoring



15% School Engagement



**8%** Extra-curricular Activities



4% Community Engagement



Balance of time in Team Contribution

Data Source: McCrindle Research, 2019 SMG Annual Chaplaincy Survey. All figures are over a 1 week period except where indicated otherwise



Dut off and keep for reference

### PASTORAL CARE WORKER: **DONNA KINGSTON**



Hello Burnside parents, carers, family and friends.

My name is Donna Kingston, and I am the Pastoral Care Worker here at Burnside Primary. It is my absolute pleasure to be working at Burnside Primary as part of the

Wellbeing team.

I am a mother of five children and grandmother to nine, so I have been around children for a while now, which I love. One of my children has Down Syndrome and one of my grandchildren has Autism and is non-verbal. I have learnt so much from them, as I have from each of my children and grandchildren.

I am looking forward to supporting your children's wellbeing along with the team, to help ensure that our students each have a positive learning experience.

Please feel free to contact me on the details below.

DAYS I AM AT SCHOOL:

Monday, Wednesday and Friday

CONTACT DETAILS:

Phone: 08 8331 7512 (front office)

Email: donna.kingston269@schools.sa.edu.au

#### PASTORAL CARE & WELLBEING

Pastoral Care Services promote student wellbeing, engaging young people in activities that are preventative and which support early intervention and referral of mental health issues.



#### PRINCIPALS ARE SAYING...

The benefits of the program are clear and include; increased attendance at school by identified students, social and emotional support, increased access to social skills programs and families feeling supported in time of crisis such as suicide, death and family separations.

#### **Primary School Principal**

A lot of student problems never eventuate because the (PCW) has provided support and encouragement early on. The students always walk away from their time with the (PCW) with more bounce in their step....It is hard to imagine our school without thinking of our Worker.

**High School Principal** 



Supporting School Communities Across South Australia Since 1991

# Schools Ministry Group (SMG) coordinate and facilitate Pastoral Care Services in government schools across South Australia.

- Pastoral Care Services commenced in SA Government schools in 1986.
- SMG partners with schools, local churches, state and federal governments to deliver Pastoral Care Services through the engagement of a Pastoral Care Worker.
- SMG works collaboratively with these partners in the recruitment, supervision and ongoing professional development of PCWs to ensure the placement of high quality workers who are well equipped to support young people and strengthen communities.
- Pastoral Care Workers are funded from two main sources - the National School Chaplaincy Program (administered by DforE) and the local church communities.
- The Pastoral Care Service provided through your PCW is a voluntary program offered to school communities.







Young people and school communities discovering purpose, value and hope

# BURNSIDE PRIMARY SCHOOL

## **OUR PASTORAL CARE WORKER**

A Pastoral Care Service provided by Schools Ministry Group (SMG)

